

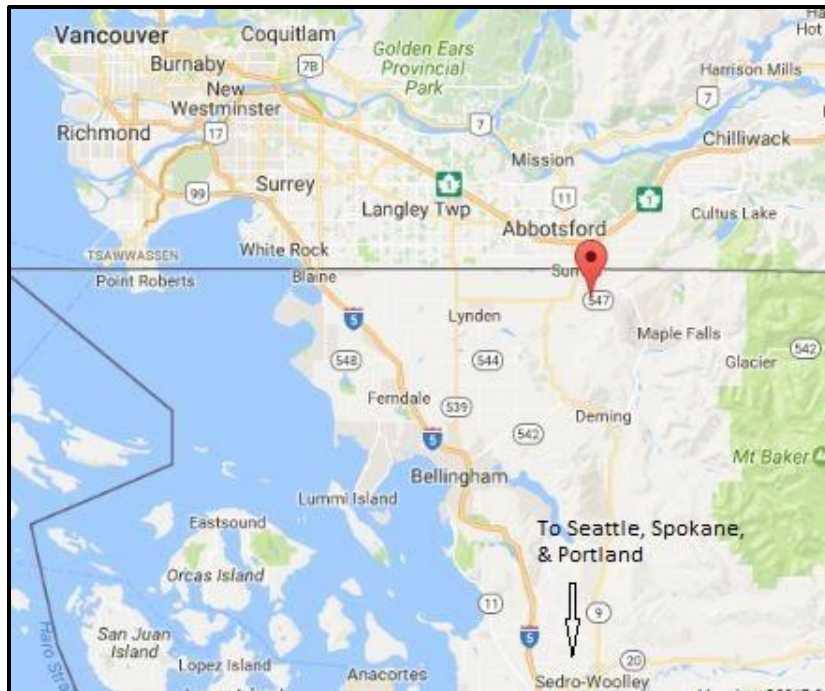
Directions

From Seattle, Spokane, and Portland:

- ↑ Take I-5 northbound
- ↗ Take exit 256 (WA 539) to WA 546 just beyond Lynden (12.6 miles)
- Turn right onto WA 546 toward Sumas through two roundabouts to E. Badger Rd. turnoff (9.5 miles)
- Turn right onto E Badger Rd. to Telegraph Rd. (0.3 miles)
- ← Turn left onto Telegraph Rd. to North Pass Rd. (0.4 miles)
- Turn right onto North Pass Rd. to Minaker Rd. (0.5 miles)
- ← Turn left onto Minaker Rd – Cedar Springs is straight ahead (0.8 miles)

From Vancouver, BC and the north:

- ↓ Take I-5 south to exit 270 – Birch Bay-Lynden Rd. (5.7 miles)
- ↗ Take Birch Bay-Lynden Rd. to WA 539 / Guide Meridian Rd. (8.1 miles)
- ← Turn left onto Guide Meridian to WA 546 / Badger Rd. (2.0 miles)
- Turn right onto E Badger Rd. to Telegraph Rd. (9.5 miles)
- ← Turn left onto Telegraph Rd. to North Pass Rd. (0.4 miles)
- Turn right onto North Pass Rd. to Minaker Rd. (0.5 miles)
- ← Turn left onto Minaker Rd. – Cedar Springs is straight ahead (0.8 miles)



On Awakening

Northwest Regional SA & S-Anon Spring Retreat
April 20-22, 2018 Sumas, WA



Cedar Springs Retreat Center

4700 Minaker Road Sumas, WA 98295

www.cedarspringsrc.org 360-988-6674

Registration

(All registration information is confidential. One form per person.)

Name SA S-Anon Male Female

Address **City**

Prov/State/Country **PC/Zip**

Email **Phone**

Willing to do service work:

- Setup Lead a meeting General Registration Desk
 Clean-up Literature Table Other:

Willing to participate in a variety show? Yes No

Willing to serve as temporary sponsor during retreat? Yes No

Dietary restrictions: (6 meals provided.)

- Vegan Vegetarian Gluten-free Food allergies

On Awakening Retreat cost: \$ 195.00 USD

Donation to Retreat Scholarship Fund: SA S-Anon \$ _____ USD

Total: \$ _____ USD

Payment Options (No refund deadline. Please register as early as possible.)

Online: www.sa.org/store/ On Awakening Northwest Regional Retreat

Check: Payable to PSRI

Mail Check to: PSRI, PO Box 75075, Seattle, WA 98175

Contacts: SA - Ish W (206) 403-0466
S-Anon - Jeanette O (425) 922-2902

General Arrival/Departure Information

Friday, April 20

4:00 - 6:00 pm Registration/Meet & Greet/Early Bird
6:30 - 11:00 pm Dinner/Speakers Meeting

Sunday, April 22

7:00 AM 11th Step Meditation Meeting
12:00 PM Lunch/Departure

The weekend program details will be provided at registration



Important Information

Contacts

- ✓ SA - Ish W (206) 403-0466
- ✓ S-Anon - Jeanette O (425) 922-2902

Accommodations

- ✓ Each room sleeps 2 - 4 people and a private bathroom
- ✓ Earplugs will be provided

Considerations

- ✓ If you are interested in carpooling, call the contact above for options
- ✓ The cafeteria will be shared by both the SA and S-ANON fellowships.
- ✓ Modest dress is requested. Please avoid:
 - ✗ inappropriate attire (shorts, tank-tops, tight-fitting clothing),
 - ✗ strong fragrances and excessive make-up.
- ✓ Temporary Sponsors will be available for consultation and private discussions.
- ✓ No minors, please.